

INSPIRE YOUR COMMUNITY TO BE HEALTHIER
IN A FUN WAY AND MAKE MONEY.

RECEIVE
40%
OF ALL SALES

PARENTS PAY LESS THAN ONLINE, PLUS SUPPORT A GOOD CAUSE!

COLOURFUL FUNDRAISING



FOOST KIDS KNIFE

Cuts fruits and veggies but not little fingers!
Kids can safely help prepare healthy meals at home and at school.
Teaching valuable cooking skills and encouraging them to eat healthy food.

First Knife is for kids aged 2 and up.
Next Knife is great for primary aged kids.

ONLINE PRICE
\$11.95

SELL FOR
\$10

YOUR PROFIT
\$4 per knife

ONLINE PRICE
\$15.95

SELL FOR
\$15

YOUR PROFIT
\$6 per book

"WHAT'S GROWING?"

Can you guess the colourful vegetables growing on each page?
What helps you to grow?

A 26 page lift the flap book for toddlers and pre-schoolers
featuring a simple message plus activities to help raise
healthy eaters and even a recipe!

NEW
BOOK!



SLINKY APPLE MACHINES

Slinky apples make a quick, fun and healthy
snack for people of all ages.
Great for your home, kinder or even workplace!
Apples taste sweeter when they are slinked.

Find great slinky apple recipes on foost.com.au



ONLINE PRICE
\$29.95

SELL FOR
\$20

YOUR PROFIT
\$10 per item

Email or call us to start your fundraising today!
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Foost was created by Kate Wengier, mother and dietitian.
Our mission is to get Australian kids eating more colourful fruits
and veggies and create happier mealtimes.

foost

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